



Scottish  
ADHD Coalition

## **Scottish ADHD Coalition (SC047320)**

**Trustees' Annual Report and Financial Statements**

**For the year 1st September 2024 to 31st August 2025**

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# 1. Reference and Administrative Information

**Charity name:** Scottish ADHD Coalition

**Scottish Charity Number:** SC047320

**Principal office:** Unit 15, Manhattan Works, Dundonald Street, Dundee, DD3 7PY

**Website:** [www.scottishadhdcoalition.org](http://www.scottishadhdcoalition.org)

**Email:** [info@scottishadhdcoalition.org](mailto:info@scottishadhdcoalition.org)

## Trustees during the year:

- **William (Bill) Colley**, Chair
- **Lorna Redford**, Vice Chair
- **Alison Clink**, Treasurer

There were **no changes** to the trustee board during the reporting period.

**Paul Ginsberg**, Secretary, joined as a trustee after the reporting period ended.

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## 2. Structure, Governance and Management

### Constitution

The Scottish ADHD Coalition is a **Scottish Charitable Incorporated Organisation (SCIO)**. The charity exists to provide a national voice for ADHD peer-support groups across Scotland and to strengthen awareness, understanding, and support for ADHD within public services.

### Appointment of Trustees

Trustees are appointed in accordance with the constitution. Elections normally take place at the Annual General Meeting. The board reviews its skills and capacity annually to ensure effective governance.

### Organisational Structure

The trustees meet regularly to oversee governance, finances, strategic direction, and operational activity. The charity has no paid staff; all work is carried out by trustees and volunteers.

### Risk Management

The trustees review risks annually, focusing on:

- financial sustainability
- volunteer capacity
- reputational risk
- data protection and safeguarding
- the impact of national ADHD service pressures on demand for support

Controls are proportionate to the size and nature of the charity.

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## 3. Objectives and Activities

### Charitable Purposes

The charity's purposes, as set out in the constitution, are:

1. **To raise awareness of ADHD** and of the voluntary support groups available to parents and people with ADHD across Scotland.
2. **To build the capacity of leaders of voluntary ADHD groups**, supporting them to run effective, sustainable local services through shared ideas, resources and encouragement.
3. **To represent the views of member groups and the people they support**, providing a platform for joint campaigning to improve diagnosis and support across Scottish public services, including the NHS, education, local authorities, police and the criminal justice system.

## Activities During the Year

During the reporting period, the charity undertook a wide range of activities aligned to its purposes:

- **Participation in ADHD Europe**  
Trustees attended the ADHD Europe AGM in London in April 2025, where the Scottish ADHD Coalition was formally accepted as a member organisation. This strengthened Scotland's representation in European ADHD advocacy and created new opportunities for collaboration.
  - **Attendance at the 10th World Congress on ADHD (Prague, May 2025)**  
Trustees represented Scotland at this major global event, engaging with researchers, clinicians, policymakers and advocates. Attendance enabled the Coalition to bring back up-to-date knowledge on ADHD research, treatment pathways, and international best practice.
  - **Annual General Meeting (20 May 2025)**  
The AGM provided an opportunity to review progress, discuss national ADHD developments, and reaffirm the Coalition's strategic priorities.
  - **Engagement with the Scottish Parliament's Special Interest Group on Adult ADHD**  
Trustees contributed to discussions on adult ADHD services, including the national medication shortages. The Coalition provided insight from peer-support groups and individuals across Scotland, ensuring lived experience was represented in policy conversations.
  - **Digital information and awareness-raising**  
The Coalition maintained an active Facebook presence, sharing relevant news, research participation opportunities, service updates, and ADHD-related resources.
  - **Direct support and signposting**  
The info@ mailbox remained an important route for individuals seeking guidance, information or signposting to local support.
  - **Website maintenance and resource development**  
The Coalition's website continued to serve as Scotland's most comprehensive directory of ADHD peer-support groups and a trusted source of ADHD information.
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## 4. Achievements and Performance

The trustees consider the year to have been productive and strategically significant. Key achievements include:

- Strengthening Scotland's international presence through membership of ADHD Europe.
- Representing Scottish lived experience at the World Congress on ADHD.
- Contributing to national policy discussions on adult ADHD services and medication shortages.
- Maintaining and expanding the national directory of ADHD peer-support groups.
- Providing ongoing signposting and support to individuals seeking information or guidance.
- Sustaining a national digital presence that shares reliable information and amplifies the work of local groups.

The trustees are satisfied that the charity has delivered clear **public benefit**, in line with OSCR's guidance.

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## 5. Financial Review

### Income

Total income for the year was **£32,929**, including a **one-off donation of £30,000**.

### Expenditure

Total payments for the year were **£4,738**, consisting primarily of charitable activity costs.

### Reserves

The charity held a balance of **£520** in cash at the beginning of the year.

### Surplus / Deficit

The year-end position shows a **balance of £28,711**, reflecting the timing of receipts and payments.

The trustees aim to maintain modest reserves to ensure continuity and cover essential operational costs.

### Going Concern

The trustees consider the charity to be financially stable due to low overheads and the significant one-off donation received during the year.

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## 6. Future Plans

The trustees have identified the following priorities for the coming year:

- Publishing **new guides** on:
  - setting up ADHD peer support groups
  - navigating ADHD pathways for children
  - navigating ADHD pathways for adults
- Visiting areas of Scotland where new peer support groups may be established.
- Providing **individual support** to help establish new peer support groups.
- **Improving communication**, skills development, education and resilience for peer support groups through:
  - a WhatsApp Community
  - new bi-monthly online meetings for organisers
- Delivering **monthly one-hour online workshops** on a range of topics, led by established professionals.
- Increasing the pool of trustees, with a focus on expanding the range of skills and experience represented.
- Implementing **succession planning** for trustees.
- Launching a new **membership scheme**, in line with the constitution.
- Continuing to provide signposting and support via the info@ mailbox.
- Engaging in **active political lobbying** to improve ADHD assessment and support pathways, including collaborating with other national organisations tackling similar issues elsewhere in the neurodivergency field.
- Raising awareness of ADHD across Scotland.

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## 7. Administrative Information

### Bankers:

Barclays Bank

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## 8. Trustees' Declaration

This report was approved by the trustees on 5<sup>th</sup> **May 2026** and signed on their behalf by:

**William Colley**

Chair, Scottish ADHD Coalition