



'Scottish ADHD Study Day'

Friday 8th February, 2019

09:00 – 16:10

**Stirling Court Hotel, University of Stirling,
Airthrey Road, Stirling, FK9 4LA**

Dear Healthcare Professional,

I am delighted to invite you to join us at the 'Scottish ADHD Study Day', taking place at the Stirling Court Hotel, University of Stirling, Airthrey Road, Stirling, FK9 4LA on Friday 8th February, 2019.

The aims of the meeting are:

- To increase awareness of foetal alcohol syndrome in patients with comorbid ADHD
- To provide practical strategies for managing sleep disturbance in patients with ADHD
- To explore the challenges associated with diagnosis of autism spectrum disorder in children with ADHD sharing best practice management strategies
- To increase understanding of the complex overlap of comorbidities that commonly present in adults with ADHD
- To provide support strategies for managing adults with ADHD or autism spectrum disorder with co-occurring mental health disorders
- To provide an understanding of the diagnosis and management of ADHD in women

The agenda for the meeting is as follows:

09:00 – 09:30	Registration and Refreshments
09:30 – 09:40	Welcome and Introduction Dr Duncan Manders, Consultant Child and Adolescent and Intellectual Disabilities Psychiatrist, NHS Lothian
09:40 – 10:30	ADHD and Foetal Alcohol Syndrome Dr Chris Steer, Consultant Paediatrician and Honorary Senior Lecturer, University of Edinburgh
10:30 – 11:20	ADHD and Sleep Support Mrs Rhona Harkness, Occupational Therapist and Sleep Counsellor, Sleep Scotland
11:20 – 11:40	Coffee Break

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11:40 – 12:30	Autism Spectrum Disorder and Comorbid ADHD in Children and Adolescents Dr Jeremy Fellick, Consultant Neurodevelopmental Paediatrician, NHS Borders
12:30 – 13:10	Lunch
13:10 – 14:00	Adult ADHD and Associated Comorbidities Dr Christine Sutherland, Speciality Doctor in Adult Psychiatry, NHS Greater Glasgow and Clyde
14:00 – 14:50	ADHD and Autism Spectrum Disorder in Adults: The 6 Studies to Discovering Sense of Self Mrs Anne-Marie Gallagher, Speech and Language Therapist, Clinical Lead, Adult Autism Team, NHS Greater Glasgow and Clyde
14:50 – 15:00	Coffee break
15:00 – 15:50	ADHD in Women Mr Gordon Brown, Consultant Nurse, ADHD Direct, Glasgow
15:50 – 16:10	Closing Remarks Dr Duncan Manders, Consultant Child and Adolescent and Intellectual Disabilities Psychiatrist, NHS Lothian
16:10	Meeting Close

We hope you can join us for what will be an interesting study day.

Yours faithfully,

David Ritchie
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To reserve a place at this study day please e-mail david.ritchie@flynnpharma.com.

Unfortunately, due to high demand for places at this study day, we are unable to accept reservations by phone.

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